



HEARTS IN MOTION

2025 IMPACT REPORT



15,000+

Lives positively impacted with
compassionate service and support.



Our mission is to connect compassionate volunteers with communities in need, working together to improve health, education, and overall well-being through meaningful service.

Kerlin's Story

On December 25, 2019, Kerlin suffered a severe femur fracture after being struck while riding his motorcycle. Despite multiple surgeries over several years — including two failed nails, a plate and screws, and an unsuccessful bone graft — he continued to live with constant pain and limited mobility.

When Kerlin was referred to Hearts In Motion, our team evaluated him and performed surgery to finally repair his femur. The procedure was a success, and with ongoing physical therapy from our Guatemala clinic therapists, Kerlin is now walking well again and free from the pain that once defined his daily life.

Thanks to the dedication of our volunteer medical teams and the generosity of our supporters, thousands of people each year receive life-changing care they could otherwise never access. From transformative surgeries to essential physical and occupational therapy, your support makes stories like Kerlin's possible.

"Thank you, Hearts In Motion for helping me with my leg. I thank you. May God multiply everything you do for human beings." - Kerlin



First Fire Training Facility Elevating Emergency Response in Central America

Thanks to the generous support of SET Environmental, Inc., our Fire Service International program inaugurated a brand-new firefighting training facility in Guatemala City, which is the first of its kind in Central America!

The facility is a three-story fire tower training hub for firefighters, Bomberos Voluntarios GT, and emergency medical services personnel (EMS). This is Central America's only fire tower training facility that will provide training to 136 fire departments, equipping first responders with essential skills and resources to serve over 16 million people!

The facility will provide advanced, hands-on training in firefighting, rescue operations, and emergency response, elevating safety standards and preparedness across the region.

To us, the fire tower represents more than just a building — it's a lifesaving investment in the future of Guatemala's emergency response teams.

Thank you, SET Environmental Inc., for making this vision a reality!



FIRE SERVICE INTERNATIONAL

50 Guatemalan firefighters received advanced training
4 US Firefighters traveled to Guatemala to train volunteer firefighters.

Helping Mothers and Babies Survive

Our training programs are designed for all levels of healthcare providers — including midwives, nurses, doctors, birth attendants, and first responders — who care for mothers and newborns or manage childbirth complications. This year, 122 providers received this training.



HUMANITARIAN MISSION TRIPS

24 Trips | 425 VOLUNTEERS

MEDICAL CARE

777 received medical care

72 surgeries: cleft palate, gynecology, orthopedic, and general

121 Iron Fish distributed

619 received anemia & diabetes tests

WOMENS HEALTH

373 gynecology screenings

333 cervical cancer screenings

42 cyrotherapy for pre-cancer

122 trained Helping Babies & Mothers Survive

REHABILITATION | PHYSICAL/OCCUATIONAL THERAPY

1164 Mobile site visits

12 PT and OT trips to Guatemala

2 PT and OT trips to Ecuador

1 Interdisciplinary trip: therapy/music/construction

DENTAL CARE

776 received dental care

13 Oral surgeries

VISION CARE

577 eye exams

1070 glasses distributed

Anyone can make a difference!

No medical experience needed to join a trip! Whether you're building homes, supporting children, or helping at clinics and music camps, your compassion makes a difference. Come solo or with a group! Email Aaron@heartsinmotion.org or scan the code for more info.



REHABILITATION PROGRAM

Students, professors, and professionals work side by side with our Guatemalan clinicians providing culturally sensitive, patient-centered care across a wide range of diagnoses and disabilities. Our staff and volunteers not only focus on treatment, but on helping patients return to lives that are meaningful to them.

6,200 received care at our permanent clinic sites

1,164 Patients served in pop-up clinics

4 Guatemalan therapy students completed practicums

4 Guatemalan (HIM staff) therapists received specialized training on advanced patient care techniques

Launched Maternal & Infant Health Initiative

A passionate team of occupational therapists, midwives, doulas, nurses, pediatricians, lactation consultants, and students worked alongside Guatemalan midwives, healthcare workers, our nutrition center staff, and local mothers to support breastfeeding, postpartum and maternal health, infant development, and newborn screening.

2nd Annual Interdisciplinary Mission Trip

The Music In Motion and Therapy programs joined forces once again to kick off the 2025 trip season, delivering not only movement-based therapies paired with music but also offering self-care experiences like hairstyling and manicures.



MUSIC IN MOTION

Free before-and after-school music lessons at our Gualan Campus and Good Shepherd Daycare.

Both locations now offer full-time lessons and have provided instruction to 114 children.

Pueblo Modelo has a newly constructed classroom and the Gualan classroom was updated with new tile, paint, larger windows, and garage doors.





GOOD SHEPHERD PUEBLO MODELO DAYCARE

33 children enrolled at daycare & 13 graduated to first grade

The daycare provides early childhood development through activities that enhance social, emotional, and cognitive development skills for 30+ children annually.

Tutoring & Computer Lab

18 students received tutoring
6 students enrolled in our new tutoring program in El Arco

House Construction

10 homes constructed

Nancy Osorio Library

3,525 visits to the library

Young Gardeners International

5 families learned about vegetable gardening and started their own gardens.

SCHOOL SPONSORSHIP

272 completed the school year
30 enrolled in daycare (pre-k)
8 High School graduates



WEEKLY FEED

133 children received weekly hot nutritious meals.

New Playground Equipment



Installation of a covered playground for the daycare. Good Shepherd Church raised the funds for this much needed addition to the daycare. Before, children had a small gravel parking lot to play in, now they have swings, slides, and are sheltered from the sun.

Celebrating the construction of 50 Homes



NUTRITION CENTER

Provides 24/7 care for severely malnourished children while mothers live onsite and assist with recovery. Mothers gain skills and knowledge of nutrition and hygiene, making their families stronger.

40 Children received 24/7 life-saving medical care
23 Mothers received nutrition & hygiene education
4 Children live permanently on-site with complex needs
1 Child recovered from cleft lip and palate surgery
1 Psychology intern and 1 social work intern provided support to children, families, and therapy clinic patients over two semesters.



Aisha, just 17 months old and weighing only 13 pounds, spent 123 days in our care.

SUPPORTING SENIORS

25 Seniors find community weekly in activities on our Gualan Campus, such as crafts, meals, sewing, and games.



The Ramírez Family

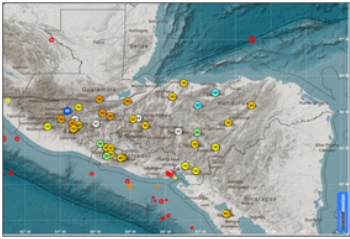
JOURNEY TO HEALTH

Doña María, 38, was welcomed into our Nutrition Center with five of her children after two of the youngest — Juan Carlos (2) and Adolfo (4 months) — were diagnosed with malnutrition at a vaccination clinic. Alongside them are Ignacio (10), Rolando (5), and Anselmo (4), also received specialized care to stabilize their health and growth.

Their father, Don Carlos works long hours harvesting coffee for less than \$8 a day to support a family of nine. The older children still at home care for their younger siblings, keep up household chores, or contribute financially.



After 68 days of transformational care, Adolfo doubled his weight to 14 lbs, and Jaun gained 4 lbs! Mom gained powerful knowledge and skills about nutrition, child development, hygiene, cooking, communication, and child discipline. This family is stronger, healthier, and has new skills to improve their quality of life.



LA TIERRA IN MOTION

Improves earthquake and volcano monitoring while increasing public awareness of geohazards. Provided training to 28 INSIVUMEH staff in increasing Natural Hazard Resiliency in Guatemala through seismic monitoring.



SEWING WORKSHOP

University of Idaho students in the Apparel & Textile design program provided hands-on training to 53 single moms.



TRADE SCHOOL

Students get hands-on training at our welding trade school, equipping students with practical skills while strengthening their confidence and independence.



BAKERY

Young adults build their skills in baking while learning a trade and get to taste test delicious treats! In 2026, construction of a new bakery will begin thanks to generous funding from SET Environmental, Inc.

HEARTS IN MOTION RESALE SHOPPE

Our Resale Shop is more than a thrift store—it's a community hub where every purchase, donation, and volunteer hour supports programs that uplift families across Northwest Indiana and around the world.



COMMUNITY SERVICES, SCHERERVILLE INDIANA

CONTAINER SHIPMENTS: 2 Shipping containers full of medical supplies and basic needs valued at \$500,000+. An additional 16 pallets of food and medical supplies, shipped via the Dept of Defense Denton Program.



NEW DIRECTIONS: Helped 30 families make a new house feel like home faster after a traumatic event such as domestic violence, homelessness, or house fire.



SENIOR SUPPORT & VOUCHER PROGRAM: Supported 100 seniors with basic needs and holiday gifts. Empowered 150 individuals fleeing domestic violence with store vouchers for shoes, clothing, and household items.